SARBJIT KAUR(PSW)

36 sahara trial ,Brampton(ON)

email Meenu@yahoo.com

A certified Personal Support Worker committed to helping people live active and fulfilling lives by providing support and compassion.

SUMMARY OF QUALIFICATIONS

- Trained in assisting clients with **personal hygiene**, **grooming and meals**
- CPR & First Aid with AED and WHMIS Certified and up-to-date Immunization Record
- Clean **Criminal Record** Check with Vulnerable Sector Screening
- An excellent knowledge of **medical procedures** and **terminology** as related to personal
- An energetic and personable **team player** with a pleasant manner
- Punctual, reliable and organized with a high attention to detail
- Proficient at **multi-tasking** with an ability to work under pressure
- Efficient leaner with the ability to work flexible hours
- Cultural awareness and sensitivity with excellent judgment and tact while maintaining clients confidentiality
- Strong interpersonal skills; patient and supportive student who works well alone or as part of the **team**
- Deadline oriented and strong attention to detail and ability to adapt to change
- Proficiency in the use of **Microsoft Office**: Word, Excel, PowerPoint and Outlook

EMPLOYMENT

Personal Support Worker, Co-op, The Chartwell Wenleigh March - May 2023

- Following the care plan, observing and reporting any substantial findings and/or changes in patient/resident/client's behavior to the appropriate registered member of the healthcare team.
- Assisting with ambulation, positioning and transferring using mechanical lifts such as a Hoyer lift.
- Assisting or providing total personal care such as toileting, bathing and perineal care.
- Assisting with eating, dressing and grooming.
- Reporting behavioral and clinical changes to a Registered Nurse, Registered Practical Nurse, Resource Nurse or Manager.

Caregiver,

June2012 - April2015

- Following basic hygienic practices and applying the principles of body mechanics
- Providing assistance with personal care activities such as but not limited to bathing, dressing, transferring, walking, handling stairs

Cell - 647-857-8439

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- Providing assistance with routine activities of daily living and supporting the safety of clients and self
- Assisting with the use and monitoring of special aids (i.e., walkers, canes, wheelchairs, lifts, crutches)

DAFO FILTRATION GROUP,	2016-2017
TARO PHARMACEUTICAL	2015-2016
EDUCATION	
Personal Support Worker Certificate, Clarkridge college	sep2022-june2023
Graduation from Punjabi university	2001