

# Simran Tandon

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## Summary

Compassionate and Knowledgeable Registered Nurse possesses gentle touch and caring attitude centered on treating people with dignity and respect. Expertise in Surgical, Medical, and Gynecological Ward. Collaborative team player with strong clinical and interpersonal skills. Focused on delivering high-quality care to individuals of diverse background while protecting patient safety and promoting satisfaction with facility services.

## Skills

- Medical Screening
- Patient Monitoring
- Unit Administration
- Attention to Detail
- Privacy and confidentiality
- Mobility support
- Ability to lift patients
- Patient assessment and care
- Long term care
- Critical care
- Patient care planning
- Patient Education

## Experience

**REGISTERED NURSE** | 01/2022 - 08/2022

### **AMRIT HOSPITAL - MOGA, PUNJAB**

- Assessed patient needs, prioritized treatment, maintained patient flows and assisted physicians with non-invasive procedures.
- Administered medications and treatments, monitoring patients for reactions and side effects.
- Adhered to infection control procedures to facilitate safe, clean patient environment.
- Evaluated patients, recognized and addressed complications and coordinated treatment with other members of critical care team.
- Maintained thorough, accurate and confidential documentation in electronic medical records.
- Recorded patient condition, vital signs, recovery progress and medication side effects.
- Advocated for patients by supporting and respecting basic rights, values and beliefs.
- Provided patient and family health education focusing on self-management, prevention and wellness.

**REGISTERED NURSE** | 10/2019 - 12/2021

### **Dayanand Medical Hospital - LUDHAINA, PUNJAB**

- Monitored patients after surgery, answered questions and provided home care strategies.
- Conducted intake assessments with patients and relatives to gather case history.
- Collaborated with doctors to plan post-treatment home care and prevent return hospitalization.
- Counseled patients and caregivers, providing emotional, psychological and spiritual support.
- Created, implemented and evaluated patient care plans with medical team.
- Oversaw patient admission and discharge processes to coordinate related paperwork.
- Maintained personal and team compliance with medication administration standards and patient care best practices.
- Assessed and prepared patients for procedures, performing initial and ongoing patient assessments.

**STUDENT REGISTERED NURSE** | 11/2017 - 06/2019

**CIVIL HOSPITAL - MOGA, PUNJAB**

- Adhered to infection control procedures to facilitate safe, clean patient environment.
- Administered medications and treatments, monitoring patients for reactions and side effects.
- Provided patient and family health education focusing on self-management, prevention and wellness.
- Collected lab specimens, ordering and interpreting diagnostic tests and lab results.

**STUDENT REGISTERED NURSE** | 02/2016 - 04/2016

**MEDICITY HOSPITAL - MOGA, PUNJAB**

- Documented information about patient care, vitals and condition markers in computer system.
- Cared directly for patients by assisting with daily living activities and mobility needs.
- Observed and communicated changes in patient's condition to registered nurse on duty.
- Maintained safe and comfortable environment for each patient.
- Supported personal hygiene needs of patients and monitored fluid input and output for permanent records.
- Monitored patient status and reported update to senior medical staff.

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## Education and Training

**LALA LAJPAT RAI INSTITUTE OF NURSING - MOGA,PUNJAB | Bachelor of Science**

NURSING, 10/2019

**Canadore College of Applied Arts And Technology - Brampton, ON | Some College (No Degree)**

Health Care Administration

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## Certifications

- CPR AND FIRST AID
- BASIC LIFE SUPPORT

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## Languages

English

Punjabi

Hindi

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## LICENCE

- COLLEGE OF NURSES OF ONTARIO Membership/Achievement- Registered Nurse
- Newyork Board of Nursing.