

# Tenisha Oconnor

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# PROFESSIONAL ( SUMMARY

Compassionate Registered practical Nurse with experience offering comprehensive patient care in inpatient environments. Works well with diverse patient populations and fosters trusting relationships to improve outcomes. Efficiently coordinate with healthcare professionals to advance patient care. Organized and dependable candidate successful at managing multiple priorities with a positive attitude. Willingness to take on added responsibilities to meet team goals.

#### SKILLS

- Dressing Application
- Patient Care Assessment
- Wound Dressing
- Call Answering and Assistance
- Medication Side Effect Knowledge
- Supporting Daily Living Needs
- Recording Vital Signs

#### WORK HISTORY (

## REGISTERED PRACTICAL NURSE

12/2019 to CURRENT

## Bayshore Health | Oshawa, ON

- Provided direct patient care, stabilized patients and determined next course of action.
- Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches.
- Advocated for patients by communicating care preferences to practitioners, verifying interventions met treatment goals and identifying insurance coverage limitations.
- Managed care from admission to discharge.
- Secured controlled narcotics and distributed medication on schedule to meet patient needs and minimize misuse opportunities.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
- Updated patient charts with data such as medications to keep records current and support accurate treatments.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Audited charts and reviewed clinical documents to verify accuracy.

#### **REGISTERED PRACTICAL NURSE**

09/2019 to 03/2020

## The Wexford | Toronto, ON

- Administered medications via oral, and intramuscular injections and monitored responses.
- Organized and managed care of patients undergoing various therapies and

procedures.

- Secured controlled narcotics and distributed medication on schedule to meet patient needs and minimize misuse opportunities.
- Audited charts and reviewed clinical documents to verify accuracy.
- Advised patients and caregivers of proper wound management, discharge plan objectives, safe medication use and disease management.
- Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom reoccurrence.
- Updated patient charts with data such as medications to keep records current and support accurate treatments.
- Monitored patient reactions to drugs and carefully documented findings.

#### **EDUCATION**

# **Diploma** | Nursing

10/2019

**Durham College, Oshawa, ON** 

#### CERTIFICATIONS

- Mental Health Nursing Certificate (Durham College)
- BLS (CPR)
- Workplace Violence Prevention
- Blood Administration
- RNAO Best Practice Champion
- RPNAO
- Licensed with the CNO