RAMANDEEP KAUR BHANDAL

Address: 45 starhill crescent, brampton. L6R 2W2

Email Address- raman.bhandal43@gmail.com.

Contact Number - 6477864837.

Professional Summary.

Energetic and motivated Personal Support Worker who is highly organized and skilled at balancing the needs of clients in both medical and personal capacities. Accurate assertive and adaptable professional who can effectively multitask in challenging situations and meet critical deadlines.

Skills.

Bathing and Dressing
Time Management
Ability to Lift Clients
PPE Usage
Meal Planning and Preparation
Hoyer Lifting Equipment
Personal Care Assistance
Client Requirements

Work History.

Placement . woodhall park care community , brampton . ontario Personal support worker student .

08/2022 to 10/2022

- Assisted with dressing guidance, grooming, meal preparation and medication reminders.
- Engaged patients in meaningful conversation, socialization and activity while providing personal care assistance.
- Assisted clients with daily living needs to maintain self-esteem and general wellness.
- Recognized and reported abnormalities or change in patients' health status to case manager.
- Documented residents' mental status, sleep and eating patterns in medical record books.
- Assist in maintaining safe, clean and positive environment.

01/2018 To 05/2021 Packager.

. Conglom inc .brampton ,ontario .

- Reviewed orders by inspecting labeling, packaging and contents.
- Protected materials for transport by correctly packaging products in boxes and crates.
- Completed daily orders with expert picking and packing of shipments.

• Maintained neat, clean and safe workspace to avoid hazards and increase safety

Education 2001-2004 B.A (Degree)

guru nanak girls college mullanpur punjab india.