

# Neressa Facey-McGowan

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## OBJECTIVE

A dedicated, disciplined professional with strong skills in problem-solving, case management, and teamwork, seeking a job as a Personal Support worker in your institution.

## PROFESSIONAL EXPERIENCE

### Clinical Consolidation Practice, Humber River Hospital, Toronto, ON January 2023 – April 2023

- Provides safe, ethical, competent, compassionate, client-centred and evidence-informed nursing care across the lifespan in response to client needs.
- Conducts a holistic nursing assessment to collect comprehensive information on client's health status.
- Analyzes and interprets data obtained in client assessment to inform ongoing decision-making about client health status.
- Develops plans of care using critical inquiry to support professional judgment and reasoned decision-making
- Evaluates the effectiveness of a plan of care and modify it accordingly.

### Personal Support Worker, Alpha Resources Ltd. – Toronto, ON October 2018 – March 2020

- Working with elderly patients and providing one-on-one care such as assisting with personal care, meal preparation, and light housekeeping.
- Ensuring individual goals and needs are fulfilled as instructed in the client's support plans.
- Assisting clients with recreational activities.
- Ensuring the welfare, independence, health, and safety of clients.
- Following the treatment plan, paying attention to the client's behaviour, and reporting any significant findings or changes to the relevant registered member of the healthcare team.
- Assisting with ambulation, positioning, and transferring using mechanical lifts such as a Hoyer lift.

- Assisting or providing total personal care such as toileting, bathing, and perineal care.
- Assisting with eating, dressing, and grooming of clients.
- Computer or paper documentation of Activities of Daily Living (ADLs) and other findings.

### Mental Health Officer, St. Thomas Health Department – St. Thomas, Jamaica October 2011 – August 2018

- Assess patients by engaging in discussions with them about their mental health concerns, and then plan the best course of action for their care.
- Build a strong and excellent relationship with patients and their families by fostering trust.
- Listen to patients' needs and interpret them accurately.
- Provide treatment to patients and ensure medications are administered correctly.

### Registered Nurse, Kingston Public Hospital – Kingston, Jamaica January 2002 – October 2011

- Assess patients when they arrive at the healthcare facility
- Recommend treatments for patients.
- Administer medications as prescribed by a Physician and monitor for side effects and reactions.

## EDUCATION & CERTIFICATION

- January 2021- April 2023

George Brown College

Diploma in RN/ IEN program

- October 2010 – October 2011

University Hospital School of Nursing

Diploma in Midwifery

- October 1997 – October 2021

Diploma

Registered General Nursing

- August 29, 2022

BLS certificate