NELDA **RAMIREZ**

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PROFESSIONAL SUMMARY

- Responsible Personal Support Worker with excellent communication skills demonstrated by 6 years of experience in healthcare. Dedicated and skilled in technical, clerical and patient support. Strong ability to communicate clearly and effectively to patients and staff.

LICENSES/EDUCATION

- First Aid and CPR Certification
- Health Care Aide (ABM College) 2015
- Standard First Aid & CPR (Canadian Red Cross) 2015-2018
- Introduction to Foot-Care (ABM College) 2015
- Advanced Medication Administration Course (ABM College) 2015
- WHMIS (ABM College) 2015
- Alzheimer Society 2015
- Introduction to Food Safety (ABM College) 2015
- Mechanical Lift (Extendicare) 2016

SKILL HIGHLIGHTS

- Able to operate hoyer lift and ceiling lift
- Skilled to empty a catheter
- Monitors blood sugar and insulin
- Able to lift 50 pounds.
- Trained in grooming and bathing assistance.
- Fluent in speaking and writing English and Tagalog.
- Professional quiet, kind, respectful, approach towards clients, staff and families.
- Passionate on helping people in Health Care.
- Complete potential of working under pressure with good work ethics.

PROFESSIONAL EXPERIENCE

2019 - Present   **Personal Support Worker**
Toronto, Ontario

- Communicate and demonstrate basic information in accordance with pre-established Plan of Care
- Continuously observing the client and their environments
- Plan and prepare meals for the client as needed
- Change non-sterile dressings and give oral medications as instructed by the family
- Assist clients with activities of daily living, which includes feeding, lifts and transfers, bathing, skin care, oral hygiene, and toileting
- Help with light housekeeping - for example, do laundry, wash dishes and make beds
- Check vital signs and record daily information in the client chart
- Provide client help with baths, shampoos and shower
- Assists client to keep in track with medications

2017 - 2019 **Personal Support Worker**
Homelife Care Services - Toronto, Ontario
- Overnight companionship
- Prepares breakfast
- Communicate and demonstrate basic information in accordance with pre-established Plan of Care
- Continuously observing the client and their environments
- Assists client to keep in track with medications

2016 - 2017 **Personal Support Worker**
Private home - Toronto, Ontario
- Assisting with total care and changing diapers.
- Lifting and transferring patients, using mechanical lift.
- Activities of daily living like grooming, dressing and bathing etc.
- Meal planning and preparation
- Light household duties—e.g. cleaning, laundry and washing dishes
- Escorting clients to appointments

2016 **Health Care Aide**
Norica Nursing Services - Calgary, Alberta
- Assisting clients with all types of personal care needs including, clients with dementia in their activities of daily living, specialty requirements and taking vital signs.
- Participating in the service plan and reporting changes and client's condition.
- Adopting and responding to client's requirements while working within the established service plan.
- Lifting and transferring patients, using mechanical lift. Answering call bells on time.
- Responding to call bells and evaluating appropriate people to meet patient needs.

2015- 2016 **Health Care Aide**
Enhanced Health Services - Calgary, Alberta
- Personal care
- Activities of daily living like grooming, dressing and bathing etc.
- Meal planning and preparation
- Light household duties—e.g. cleaning, laundry and washing dishes
- Escorting clients to appointments

2014 - 2015 **Health Care Aide**
Private Home - Calgary, Alberta
- Taking care of Multiple Sclerosis, doing range of motion.
- Assisting with total care and assistance for bathing, grooming and toileting.
- Light housekeeping, laundry and cooking meals.
- Taking vital signs and assisting with medications.
- Lifting and transferring patients, using mechanical lift

REFERENCES: AVAILABLE UPON REQUEST