

GIBSON UGWU

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Summary

Passionate in assisting vulnerability people with self-care and day-to-day tasks about improving their well-being, providing emotional and physical support to client depending on their needs

Professional Skills

- Proper techniques in assisting with personal hygiene
- Empathetic patient care
- Time management skills
- Teamwork and excellent communication
- Active listening skills
- Proficient in Microsoft office such as word, excel

Work experiences:

Personal Support Worker, Unity Home Care Agency Lagos Nigeria **2021 to 2022**

Duties

- Assisted clients with daily living needs to maintain self-esteem and general wellness.
- Monitored clients' overall health and well-being and noted significant changes.
- Assisted with daily living activities, running errands, and household chores.
- Documented vitals, behaviors, and medications in client medical records.
- Changed dressings, bandages, and binders to maintain proper healing and sanitary measures.
Maintained clean personal areas and prepared healthy meals to support client nutritional needs.

High school teacher at Government Day Secondary School Lagos, Nigeria **2015 -2020**

Duties

- Conducted evaluations to measure performance and progress of students.
- Providing guidance for areas requiring improvement.
- Worked cooperatively with other teachers, administrators, and parents to help students reach learning objectives.
- Supported student physical, mental, and social development using classroom games and activities.
- Helped students explore concepts with engaging, learning-focused activities.
- Planned and implemented integrated lessons to meet national standards.

Education qualifications

Certificate in Personal Support Worker And Home Care Assistance
Collage Essor - Montreal Quebec **2023**

Bachelor of Science (B.Sc.) Industrial Physics
Enugu State University of Science And Technology - Enugu Nigeria. **2014**

References upon request

